COVID-19:
Triton Parents and Families Webinar

April 15, 2020
THIS SESSION IS BEING RECORDED
Introduction

- Welcome
  - Campus preparedness efforts
  - Support for students
- Panelists
  - Dr. Robert Schooley, Professor of Medicine, Division of Infectious Disease and Global Public Health & Interim Faculty Director, Global Education
  - Dr. Angela Scioscia, Interim Executive Director, Student Health & Wellness
  - Patricia Mahaffey, Ed.D, Assistant Vice Chancellor, Student Life
  - Dulce Amor L. Dorado, Director, International Students & Programs Office
  - Adele C. Brumfield, Associate Vice Chancellor, Enrollment Management
  - Ebonee Williams, Ph. D., Interim Assistant Vice Chancellor – Student Retention & Success
- Submit questions via Q&A tool
- Questions will be answered LIVE at 5:05pm
SARS CoV-2: What are we Dealing With?

Key Properties

- Enveloped single stranded RNA virus with high replicative fidelity
- Multiple strains that are globally distributed in multiple animal species
- Until 20 years ago, human strains were viewed primarily as nuisance agents

Changing Perspectives

- Three independent spillovers of animal strains into humans
- 2002: SARS – 8000 cases, 750 deaths
- 2012: MERS- 2500 cases, 866 deaths
- 2019 – SARS CoV 2 – > 2 million cases, >125,000 deaths
Age Distribution and Case Fatality Rate COVID-19
China through 11-Feb-2020 (N = 44,672 confirmed cases)

adapted from Zhang 2020, China CDC Weekly Rep; 2(8):113-122.

John Brooks, CROI 2020, Boston, March 8 – 11,2020
COVID-19: Clinical Manifestations

Proportion of cases (%)

- Fever
- Dry cough
- Fatigue
- Expectorant
- Headache
- Muscle ache
- Sore throat
- Chest tightness
- Chill

Mild, Severe, Critical
COVID-19: Clinical Course

Zunyou Wu, CROI 2020, Boston, March 8 – 11, 2020
COVID-19: A tale of three cities

Martin, N and Martin, TCS, unpublished

Hospitalization rates per 100k population (date)

Hospitalization rates per 100k (time-shifted)
Daily number of deaths

Martin NK and Martin TCS, preliminary data
Campus efforts to prepare and plan:

- In line with CDC guidelines, campus is taking measures to protect the campus community
  - Remote instruction for all courses through the end of Spring Quarter 2020
  - Remote instruction for all courses through the end of Summer Quarter 2020
  - Postpone or cancel face-to-face interactions or large gatherings
  - Nonessential travel restrictions to CDC Level 2 & Level 3 countries
  - Following social distancing within the campus community

coronavirus.ucsd.edu
UC San Diego - Student Support - COVID-19

- Staying Connected, Healthy and Calm
- Principles of Community
- Technology Support
- Student Health and Well-Being Resources
- Basic Needs Resources
- Communication Efforts
- Parent and Family Support and Engagement
UC San Diego Principles of Community

We want to remind everyone that first and foremost, we are a community that cares and the Principles of Community serve as the foundation of our relationships to one another and they must continue to be held up in the highest regard.
All Spring Quarter instruction, including lab, studio classes, small group discussions and seminars, will be delivered online for the duration of the quarter. There will be no exceptions.

*Zoom can be used by faculty to deliver lectures in real-time, with recordings also available.
*Canvas is another tool through which students and faculty can communicate.
*Faculty may also use the university Podcasting service to record lectures.
*All information from Education Continuity Tools and Resources (https://edtech.ucsd.edu/education-continuity-tools-and-resources/)
Laptop Lending Support
If students do not have consistent access to the technology needed to fully access remote instruction options, please email VCSA@ucsd.edu and we will work with our Laptop Lending Program and you directly.

Need Support for Remote Instruction?
Send an email to VCSA@ucsd.edu and we will work with you to develop solutions.
Undergraduate Students: The undergraduate college Deans of Student Affairs are available to provide personalized support and assistance

Revelle College – Sherry Mallory, +1-858-534-3492 or slmallory@ucsd.edu
John Muir College – Jason Thibodeaux, +1-858-534-3587 or jasonjt@ucsd.edu
Thurgood Marshall College – Amber Vlasnik, +1-858-534-7395 or avlasnik@ucsd.edu
Earl Warren College – Kafele Khalfani, +1-858-534-6171 or kafele@ucsd.edu
Eleanor Roosevelt College – Patricia Scott, +1-858-534-5657 or pscott@ucsd.edu
Sixth College – Diane LeGree, +1-858-822-5953 or ddegree@ucsd.edu

Your Associated Students President Eleanor Grudin (aspresident@ucsd.edu) and Vice-President of Campus Affairs Melina Reynoso (asvpcampusaffairs@ucsd.edu)

Academic Department Student Affairs Officers
Academic Advising Professionals
Graduate Students:
The Assistant Dean of Student Affairs in the Graduate Division - April Bjornsen - is available at +1-858-822-5953 or abjornsen@ucsd.edu
Your Graduate Student Association President Rachel Flanagan (president@gsa.ucsd.edu)
Communication

Sign Up for Triton Alerts
We will be using multiple methods for communicating with you, including Triton Alerts. If you haven’t already done so, consider signing up for Triton Alerts: https://blink.ucsd.edu/safety/emergencies/campuswide/notifications/faq.html.

You can sign up to receive the latest campus updates via text at https://students.ucsd.edu/campus-services/campus-safety/triton-alert.html

• Click “Affiliate/Guest portal”
• Sign up for an account

Campus Website
https://coronavirus.ucsd.edu/

Questions?
Please direct all questions to the Emergency Operations Center, eoc@ucsd.edu
SHS Services

- **Nurse Advise line**: 858-534-3300 available 24/7
  - Available to all students, regardless of insurance
  - If you have a fever, cough or shortness of breath or been in contact with someone with COVID-19
  - **CALL BEFORE COMING TO SHS**

- **SHS hours**
  - M-W 8:30am-4pm, Th 9am-4pm, Friday 8:30 am-4pm

- **Segregating care**: respiratory and non respiratory
  - triage at entry; geographically segregated within SHS

- **Urgent Care**: Respiratory and Non-respiratory Urgent Care
- **Primary Care**: essential visits; telemedicine when appropriate
- **Women’s Health and Sports Medicine**: – essential visits
• Laboratory (including self directed STI testing) operational
• X-ray operational
• Pharmacy operational (858)534-2135
  • 90 day refills
  • Able to mail prescriptions to homes off campus within California
• Optometry
  • Able to mail contacts and replacement glasses
  • Currently no in person exams
SHS Services

• **Medical Records**
  - Submit a request through MyStudentChart, selecting Medical Records under the "Health Tab"
  - Results via MyStudentChart within 1 - 3 days

• **Insurance – working remotely (858-534-2124)**
  - Open Mon-Fri 8-4pm
  - SHIP coverage remains intact, no co-pay for COVID testing
  - Insurance Email – SHIP3@UCSD.EDU
CAPS - Counseling and Psychological Services

- Fully operational
- CAPS Services
  - No delays - excellent access!!
  - Remote for most services, including groups
    - Tele-mental health
    - Individual psychological and psychiatric counseling services
    - Group therapies
  - Urgent Care on campus: open with a core staff
    - Hours: M-F 8am-4:30pm
- 858-534-3755
  - (after hours select options 2, CAPS providers are on call)
Health Promotion Services

PROGRAMS

• All HPS programs are moving virtual.
  • Sexual Health Info Sessions
  • CARRS and High Stakes
  • Program Request
  • Social Media Campaigns

• Students will be able to engage with HPS staff during our presentations via Zoom. (ask questions, participate in Yoga and other activities)

For a full list of programs from HPS and the Zone please follow the link:

• https://issuu.com/ucsdhps/docs/spring_quarter_programs_2020-3

• Health Coaching Sessions
  • Started Monday, 4/6/2020

• Condom Concierge
  • Students can request condoms for delivery to their residential communities.

• Live Well, Be Well
  • Weekly Podcast around various health and wellness topics.

• The Zone is currently closed and will be used for filming

• The Info Booth is currently closed.

https://wellness.ucsd.edu/healthpromotion/Pages/default.aspx
Testing for SARVS CoV-2 (the virus that causes COVID-19)

UC San Diego works with UCSD Health Sciences Infection Prevention and the San Diego County Public Health Department to ensure our care is consistent with the evolving science and meets the highest standards.

- If students have COVID-19 symptoms: fever, and respiratory symptoms such as cough/difficulty breathing or contact with someone with COVID-19
  - Call SHS at 1-858-534-3300
  - Or contact Advice Nurse through MyStudentChart.

- The nurse will contact the student and provide guidance. If the student is seen at Student Health Services, we are following public health guidance on who to test.

- Testing for COVID-19 is offered on site with results within 24 hours
- Testing is offered regardless of insurance
• UCSHIP covers 100% of all COVID-19 related testing and treatment – students will have no out-of-pocket expenses.

• Students who may have purchased non-UC SHIP Insurance are recommended to contact the insurance company to learn more about COVID-19 coverage.
Student Health – Quarantine

• Committed to providing support to our resident students.
• Identified safe campus housing to isolate students with on-campus housing contracts
• Accommodations provide the student with a private bedroom and bathroom, along with nutrition and other support services, including a daily clinical check in.
The University reminds students to follow the below practices to help stay well:

1) disinfect their hands frequently with hand sanitizer or hand washing, cover their coughs with tissue, or sleeves if no tissue, and disposing of tissues, proper cough etiquette;

2) minimize touching ones face with hands, minimize touching others (hand shakes);

3) good health prevention such as regular sleep, eating regularly;

4) if they are ill avoid contact with other until symptoms have fully resolved for a couple of days – be assessed for COVID testing.

5) students should wear face coverings in public. Masks are helpful for individuals with symptoms undergoing medical evaluation and a very important preventative tool for healthcare providers caring for ill patients.
Support for International Students

International Students & Programs Office

• All advising services, document processing, and mailing services are available remotely.

• Advising: https://icontact.ucsd.edu

• Email: iStudents@ucsd.edu

• Website: https://iStudents.ucsd.edu

Frequently Asked Questions and Answers for International Students:
https://ispo.ucsd.edu/news/coronavirusinfo.html
Support for International Students – Visa Support

• **NEW**: ISPO continues to issue I-20s/DS-2019s for newly admitted Fall 2020 students and **host pre-arrival webinars** to help students prepare for the upcoming academic year.

• **CONTINUING**: Students can engage in remote learning and maintain their immigration status.

• **EMPLOYMENT**: On-Campus/F-1 OPT/STEM OPT students to consult with their employers to seek alternative ways to maintain employment, such as teleworking, or other arrangements.

• **EMPLOYMENT**: ISPO continues to accept and process CPT, OPT, OPT STEM, and **Academic Training** employment authorization applications.
Support for International Students

Travel Considerations

• If students stay in the U.S and are enrolled in Spring or Summer 2020 term, their SEVIS record will remain active.

• If students return home and are enrolled in Spring or Summer 2020 term, their SEVIS record will remain active.

• If students return home and are NOT enrolled in Spring 2020 term, their SEVIS record will end with authorized early withdrawal. Students will then request a new I-20 from ISPO.

• More information: https://ispo.ucsd.edu/news/coronavirusinfo.html
Housing and dining services remain open for Spring Quarter.

• Students have been encouraged to move home for spring quarter though some have remained on campus having met certain conditions.

• Students who canceled their housing received a pro-rated refund based on their move-out date.

• Students who did cancel their housing contract and have a 2-year guarantee will keep their housing contract for Fall 2020.

Dining facilities will remain open.

• In order to encourage social distancing, students living on campus are asked to use Grubhub to preorder meals for pick up and maintain a distance of 3-6 feet.

• Grab-and-go food items remain available in the on-campus markets.

• To mitigate the spread of the COVID-19 Virus Increased sanitization protocols are in place in all dining facilities.
Basic Needs: Food, Housing and Financial Support

Students can complete either the COVID 19 Special Relief Fund or Basic Needs Assistance Form through the Basic Needs Website and get connected to financial, food and housing resources.

Triton Food Pantry
Window-style Service - students complete a pick up form (hosted on the Triton Food Pantry Facebook Page) and come by to pick up their items!

Grocery Shuttle: Weekly, Tuesdays from 10 a.m. to 4 p.m.

The Hub Basic Needs Center
Personal Hygiene Product Concierge - Student fill out a Personal Hygiene Product Form on the Basic Needs Website and set up a time to come pick up their items
Cal Fresh application Assistance,

Questions? Email basicneeds@ucsd.edu or Call 1-858-246-2632
• **Virtual Student Union** at UC San Diego a one stop hub for students to connect with each other, the vibrant, virtual campus and the many virtual activities being hosted by campus units, departments, centers, and student organizations.

• **iLead Program** is available virtually! A popular program, students can continue to sign up and attend communication and leadership skill programs that align with their interests and counts towards their Co-Curricular Record!

• **Dialogue Program** builds community virtually - Dialogue Ambassadors co-facilitate Circle Dialogues, (community building circles) providing a structured environment to generate dialogue among participants on a specific topic.

• Stay connected via the **Student Events STAY Insider** about virtual events, opportunities and campus information

• **Student Organization Advisors** are available by email and via Zoom by appointment.

• For Students still on campus, **University Centers currently remain open** and accessible for take away food items.
• Associated Students (Student Government) is meeting weekly via zoom and students can join live on Facebook!

• The A.S. is seeking feedback from students regarding any student quarter concerns that they can elevate to campus leadership.

• A.S. Concerts and Events is programming webinars, contests and movie nights – Be on the Lookout!

https://www.facebook.com/ASUCSD/
Parent & Family Programs

Our Mission

We are committed to make UC San Diego accessible to families of undergraduate students because we recognize the important role families have on their student's education. We do this through the development and implementation of targeted services, resources, and programs.

- We are available to answer your questions.
- We plan Homecoming Weekend, Siblings Day, International Parent and Family Orientation.
- We publish materials to inform families.
Parent & Family Programs

- Website: parents.ucsd.edu
- Email: parents@ucsd.edu
- Phone: (858) 534-7273

@TritonParents
@TritonParents
@UCSDParents
Campus is committed to the retention and engagement of our students. Accessible tools for students to:

- Schedule virtual appointments with advisers, coaches, mentors
- Support time-management, socio-cultural advising, study skills

Visit Student Retention and Success website: https://srs.ucsd.edu/spring-2020-support/index.html

Listen to Triton Tools and Tidbits: https://shows.acast.com/triton-tools-tidbits/
Academic Wellness: Health and Well Being

• Counseling and Psychological Services
  • https://wellness.ucsd.edu/CAPS/Pages/default.aspx

• Playground
  • https://recreation.ucsd.edu/recreation-live/

• Virtual Wellness Programs and Events
  • Housing Dining and Hospitality (HDH)
  • https://hdhwellness.ucsd.edu/
Colleges Virtual Support – Creating Community

- Roger That!
  - [https://revelle.ucsd.edu/student-life/involvement/roger-that.html](https://revelle.ucsd.edu/student-life/involvement/roger-that.html)
- Muir Online & Remote Engagement (MORE)
  - [https://muir.ucsd.edu/studentlife/more.html](https://muir.ucsd.edu/studentlife/more.html)
- Marshall’s Virtual Engagement Hub
  - [https://marshall.ucsd.edu/student-life/virtual.html](https://marshall.ucsd.edu/student-life/virtual.html)
- Warren Online Activities Hub (WOAH)
  - [https://warren.ucsd.edu/programs/woah.html](https://warren.ucsd.edu/programs/woah.html)
- ECHO: Ellie’s Community Hub Online
  - [https://roosevelt.ucsd.edu/student-life/ECHO/Index.html](https://roosevelt.ucsd.edu/student-life/ECHO/Index.html)
- SOAR: Sixers Online Additional Resources
  - [https://sixth.ucsd.edu/about/soar/index.html](https://sixth.ucsd.edu/about/soar/index.html)

Virtual College Programming:
[https://thecolleges.ucsd.edu/college-events/virtual-programming.html](https://thecolleges.ucsd.edu/college-events/virtual-programming.html)
Student Support – Experiential Learning

- Academic Internship Program (AIP) [https://aip.ucsd.edu/](https://aip.ucsd.edu/)
  - Students can make appointments using the Virtual Advising Center [http://vac.ucsd.edu/](http://vac.ucsd.edu/)

- Credit for co-curricular activities through Co-Curricular Record (CCR)
  - Students can make appointments by emailing elt@ucsd.edu

- Remote Undergraduate Research Opportunities
  - Student can visit Academic Enrichment Program (AEP) [https://aep.ucsd.edu/](https://aep.ucsd.edu/)

- Real Portal -[https://real.ucsd.edu/](https://real.ucsd.edu/)
  - Place for students to locate experiential learning opportunities
Additional Student Support

• Virtual Advising Center [http://vac.ucsd.edu/](http://vac.ucsd.edu/)
  • Available for students to ask questions 24 hours a day

• Office for Student with Disabilities [https://osd.ucsd.edu/](https://osd.ucsd.edu/)
  • For students with documented temporary or permanent disabilities to receive remote accommodations

• Academic Writing Support
  • Teaching + Learning Commons [https://commons.ucsd.edu/](https://commons.ucsd.edu/)

• Remote Library Access
  • Meet a Librarian [https://library.ucsd.edu/ask-us/consultation-services.html](https://library.ucsd.edu/ask-us/consultation-services.html)
Helpful Websites

**UC San Diego Coronavirus Websites for Students**
Novel Coronavirus (COVID-19) Information for the UC San Diego Community
On this website you will find resources and relevant links for students, faculty, researchers and staff, as well as policies for university travelers.
https://coronavirus.ucsd.edu

**COVID-19 Student Affairs Resources and Information**
A list of FAQs including information about dining, housing, basic needs, insurance and resources compiled by Student Affairs.

**Coronavirus Information for International Students**
A list of frequently asked questions about travel, enrollment, employment and campus resources for F-1 and J-1 international students.
https://ispo.ucsd.edu/news/coronavirusinfo.html

**COVID-19 FAQ on Educational Continuity**
Given the rapid spread of COVID-19, UC San Diego needs to prepare to intensify the use of remote course delivery during Winter and Spring quarter, to safeguard the health and wellbeing of our community while enabling students to continue their academic progress. This FAQ includes answers to specific, non-technical questions about how we can preserve our educational mission.
https://aps.ucsd.edu/facdev/covid-19/faq.html
Question & Answers

Panelists

• Dr. Robert Schooley, Professor of Medicine, Division of Infectious Disease and Global Public Health & Interim Faculty Director, Global Education
• Dr. Angela Scioscia, Interim Executive Director, Student Health & Wellness
• Patricia Mahaffey, Ed.D, Assistant Vice Chancellor, Student Life
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