ELECTION DAY 2020

ELECTION ACTIVITIES CALENDAR
ONGOING EVENTS

All Campus Email Re: Voting and Political Activity
EVC/VC's
E-mail reminding students, staff, and faculty of how, when and where they can exercise their right to vote
Contact: Heather Belk heather@ucsd.edu

Triton Tools and Tidbits
Student Affairs
Triton Tools and Tidbits focused on "Why I Vote". Moderated by Heather Belk, featuring Professor Thad Kousser, SPACES Advisor Ben Mendoza, GSA VP External Julia Adrian, and AS Civic Engagement Officer Director Janelle Eley
Contact: Heather Belk heather@ucsd.edu

Podcast: Election Emotions and What We Can Do About Them
UC San Diego/ASCEO Social Media
We will be promoting James Madison University's Podcast, "Election Emotions and What We Can Do About Them"

Social Media
Student Life: Associated Students/GSA
Ongoing social media campaign re: elections/election resources/how to register to vote/deadline to register to vote/getting out the vote
Contact: Heather Belk heather@ucsd.edu

College Registration Competition
Associated Students/Colleges
Competition to see which college can get the most students signed up for TurboVote
Contact: Heather Belk healther@ucsd.edu
WEDNESDAY, OCTOBER 14TH

ArtPower Presents: Kristina Wong for Public Office
Student Life: Art Power  7pm
"Kristina Wong for Public Office" is a 65-minute comedic performance that crosses the aesthetics of campaign rallies, church revivals, and solo theater shows to tell the story of what it means to run for local office, the history of voting, and the impact artists can have on democracy
Contact: Jordan Peimer jpeimer@ucsd.edu

THURSDAY, OCTOBER 15TH

Ballot Review Zoom Party
Student Life: Graduate Student Association  6-8pm
Have questions about a certain prop or measure? Join GSA as they tackle the ballot for the November election
Contact: Heather Belk heather@ucsd.edu

Voter Registration Workshop
Lambda Theta Alpha Latin Sorority, Inc.  7-8:30pm
This is a political awareness workshop inviting others to learn more about how to register to vote and the different deadlines regarding voting
Contact: Jaqueline Munive jmunive@ucsd.edu

FRIDAY, OCTOBER 16TH

California Ballot Initiative Forum
Student Life: Associated Students  12-1pm
Bring your freshly mailed ballot and follow along as the League of Women Voters of SF reviews the pros and cons of the 12 statewide ballot measures. Learn more about the issues you will be voting on, including stem cell research, affirmative action, ride sharing, criminal justice, property taxes and more
Contact: Heather Belk heather@ucsd.edu

Every Native Vote Counts! Discussion with California Native Vote Project
Intertribal Resource Center  1:30-2:30pm
Information from Native Vote Project on the importance of Native American voices in the election process. Discussion about creating a plan to vote
Contact: Elena Hood hood@ucsd.edu
FRIDAY, OCTOBER 16TH

Queer Town Hall
EDI/LGBT Resources Center and oSTEM  4-5:30pm
Join oSTEM at UCSD in a town hall featuring some of the LGBTQ+ candidates in the election races across San Diego County to discuss the intersections of LGBTQ+ identity, the STEM field, and policy. This event will be split between a moderated Q&A and a section for the audience to directly interact with the candidates.
Contact: oSTEM oSTEM@ucsd.edu

A Non-Partisan Event Ft. Two Marquee Comedians In Conversation About How to Become More Civically Engaged and the Importance of Voting
University Events Office/Associated Students/The Colleges  7pm
Join ROY WOOD Jr. (The Daily Show with Trevor Noah) and MIKE BIRBIGLIA (Orange Is the New Black, Broad City) for a hilarious discussion on voting and civic engagement.
Contact: Anthony Tran Anthony@ucsd.edu

TUESDAY, OCTOBER 20TH

Coping with Election Related Stress & Trauma
CARE at SARC & FSAP  12-1pm
Join CARE at SARC for a guided discussion focused on managing stress and enhancing resilience during the 2020 election.
Contact: Lana Talampas ltalampas@ucsd.edu or Izabel Francy Icfrancy@ucsd.edu

Voter Rights Program
EDI/Cross Cultural Center  4-5pm
Join us for an interactive workshop to learn about past and present practices of voting process, access, and community impact.
Contact: Cross Cultural Center

WEDNESDAY, OCTOBER 21ST

Working Mom’s of Children 0-5 Support Group
FSAP/Campus Women's Center  1:30-2:30pm
Open to all Faculty and Staff mothers of any age, partnered or single. Feel free to eat lunch, nurse or be a mom during the discussion.
Contact: Izabel Francy Icfrancy@ucsd.edu

Conversations with Cici Battle
EDI/Campus Community Centers  5-6pm
THURSDAY, OCTOBER 22ND

Campus Staff Town Hall
Campus Staff Human Resources  3-4pm
Campus leaders, hosted by CHRO Nancy Resnick, address staff on relevant and timely topics. Submit questions and concerns when you register.
Contact: Hallie Nicholson hnicolson@ucsd.edu

Community Time and Information Sharing
APIMEDA Programs & Services and Warren College  5-7pm
Are you ready to vote? Come learn more about how to make a plan to vote, learn more about how to read your ballot, and play trivia (for fun prizes)!
Contact: Katy Brecht kbrecht@ucsd.edu & Windi Sasaki wsasaki@ucsd.edu

Presidential Debate Conversation & Viewing
University Centers  6-7:30pm
Partnering with AS CEO to promote viewing of the 3rd Presidential Debate and having a dialogue for students
Contact: Albert Agbayani AAgbayani@ucsd.edu

Presidential Debate Conversation & Dialogue via Discord
Student Life: Associated Students  6-7pm
Partnering with the American Democracy Project to offer moderated conversations during the Presidential Debates, allowing UCSD students to interact with a variety of perspectives from students at over 40 Institutions throughout the nation
Contact: Heather Belk heather@ucsd.edu

Restorative Practice/RJ Discussion Circles
Student Conduct: Restorative Practice/RJ  4:30-6pm
Please join us to discuss anxieties around the elections, community, and our collective well-being
Contact: Natania Trapp ntrapp@ucsd.edu

UC San Diego
FRIDAY, OCTOBER 23RD

Political Cultural Competency Workshop
HR/FSAP and SD EAPA Chapter  11am-1pm
The presenters for this workshop emphasize that skills to manage political topics in a professional setting is an aspect of cultural competence, and therefore an ethical responsibility for all disciplines.
Contact: FSAP bmcnutt@ucsd.edu

Persist Conference (co-sponsorship with UCR WRC)
EDI/Women’s Center  5-9pm
This conference strives to prepare women for engagement in the political realm.
Contact: UCSD Women’s Center wrc@ucsd.edu

Film Screening of Boys State
Student Life: Associated Students/University Centers  6-8pm
Screening of the movie Boys State- a 2020 American documentary film, following a thousand teenage boys attending Boys/Girls State in Texas, coming to build a representative government from the ground up.
Contact: Albert Agbayani AAgbayani@ucsd.edu

Election Meeting/Open Forum
Letters to Strangers at UCSD  7-8:30pm
This meeting will focus on the history of mental health and politics. There will be an explanation of election terminology, an open forum, and a discussion on how to deal with stress.
Contact: Dan Tran dat040@ucsd.edu

SATURDAY, OCTOBER 24TH

Patrice Cullors Keynote
EDI/Women’s Center  12:30-1:30pm
Patrice Cullors, co-founder of Black Lives Matter, will be offering the keynote at the Persist Conference.
Contact: UCSD Women’s Center wrc@ucsd.edu

Virtual Build Your Ballot Party
Student Life: Associated Students  TBD
Using resources like ballotready.org, join peers in exploring what’s on the down ballot.
Contact: Heather Belk healther@ucsd.edu
TUESDAY, OCTOBER 27TH

LGBTQIA Muir Affinity Group
Muir Student Affairs  3-4pm
Processing space for Muir students to find community and discuss concerns
Contact: Claudia Pena c6pena@ucsd.edu

WEDNESDAY, OCTOBER 28TH

African/Black Diaspora Muir Affinity Group
Muir Student Affairs  2-3pm
Processing space for Muir students to find community and discuss concerns
Contact: Claudia Pena c6pena@ucsd.edu

LatinX Muir Affinity Group
Muir Student Affairs  3-4pm
Processing space for Muir students to find community and discuss concerns
Contact: Claudia Pena c6pena@ucsd.edu

THURSDAY, OCTOBER 29TH

Virtual Workshop: Remote Women’s Support Group for Faculty and Staff Wellbeing During Covid-19
FSAP/Campus Women’s Center  12-1pm
Please join us remotely for a supportive discussion and an opportunity to connect with other faculty and staff to explore the unique challenges women are facing while working from campus or home during Covid-19 and the stresses of election year, social movements and more
Contact: Jennifer Triana jtriana@ucsd.edu

Voter Apathy
EDI/Black Resource Centers  11 am-12:30pm

APIMEDA Muir Affinity Group
Muir Student Affairs  3-4pm
Processing space for Muir students to find community and discuss concerns
Contact: Claudia Pena c6pena@ucsd.edu

Coping with Election Related Stress & Trauma
CARE at SARC  5-6pm
Join CARE at Sarc for a guided discussion focused on managing stress and enhancing resilience during the 2020 election
Contact: Lana Talampas ltalampas@ucsd.edu
FRIDAY, OCTOBER 30TH

First Gen Muir Affinity Group
Muir Student Affairs  3-4pm
Processing space for Muir students to find community and discuss concerns
Contact: Claudia Pena c6pena@ucsd.edu

Restorative Practice/RJ Discussion Circles
Student Conduct: Restorative Practice/RJ  4:30-6pm
Please join us to discuss anxieties around the elections, community, and our collective well-being
Contact: Natania Trapp ntrapp@ucsd.edu

SATURDAY, OCTOBER 31ST-MONDAY, NOVEMBER 2ND

Polling Location
Associated Students/Recreation  8am-5pm
Contact: Heather Belk heather@ucsd.edu

MONDAY, NOVEMBER 2ND

Online Workshop: Deep Roots, Wide Branches
Morning Intention Setting Series  8:15-8:45 am
M,W,F practice using mindfulness, meditation, skill building and community building to set daily intentions on how we choose to be, not just what we have to do each day. 21 days in Nov. to set ourselves on track for a healthy, meaningful experience this fall
Contact: Crystal Green cegreen@ucsd.edu

Panel with Angela Davis
Student Life: Associated Students  6-7pm
Contact: Heather Belk heather@ucsd.edu

Community Building Circle: Voting in America
Center for Student Involvement/Dialogue Ambassadors  6-8pm
Dialogue Ambassadors host a virtual circle exploring the importance and concept of voting in America. Come join us and share your stories
Contact: Andy Hoffman dialogue@ucsd.edu

TUESDAY, NOVEMBER 3RD

Polling Location
Associated Students/Recreation  7am-8pm
Contact: Heather Belk heather@ucsd.edu
TUESDAY, NOVEMBER 3RD

Online Support Group
FSAP  12-1pm
Monthly online support group for caregivers to elder and adult loved ones
Contact: Crystal Green cegreen@ucsd.edu

Community Care Space
EDI/LGBT Resource Center
Contact: Korie Houston khouston@ucsd.edu

WEDNESDAY, NOVEMBER 4TH

Community Care Space
EDI/APIMEDA Programs  12-1pm
Contact: Windi Sasaki wsasaki@ucsd.edu

Post-Election Community Healing Space
This will be an open community space to process and discuss; all emotions are welcomed. Come when you are able; stay for as long as you'd like
EDI Campus Community Centers & CAPS  1-3pm & 3-5pm

Restorative Practice/RJ Discussion Circles
Student Conduct: Restorative Practice/RJ  4:30-6pm
Please join us to discuss anxieties around the elections, community, and our collective well-being
Contact: Natania Trapp ntrapp@ucsd.edu

Community Building Circle: The Day After the Election
Center for Student Involvement/Dialogue Ambassadors  6-8pm
What are our expectations for democracy? How was your experience voting during a pandemic? Come join us and share your stories
Contact: Andy Hoffman dialogue@ucsd.edu

THURSDAY, NOVEMBER 5TH

2020 Election Community Hour
FSAP/CASP  10-11am
Join our colleagues from FSAP and CASP for a processing space centered around the 2020 Election. This session will be centered in respect, community and resilience.
Contact: Kirby Knipp knipp@ucsd.edu

Restorative Practice/RJ Discussion Circles
Student Conduct: Restorative Practice/RJ  4:30-6pm
Please join us to discuss anxieties around the elections, community, and our collective well-being
Contact: Natania Trapp ntrapp@ucsd.edu
FRIDAY, NOVEMBER 6TH

Gender Buffet
EDI/Women's Center  12-1:30 pm
Contact: UCSD Women's Center wrc@ucsd.edu

MONDAY, NOVEMBER 9TH

Community Building Circle: Building Bridges of Understanding
Center for Student Involvement/Dialogue Ambassadors  6-8pm
A virtual circle to talk about what matters to us and what still holds true for us at this point, a week after the elections. Come join us and share your stories
Contact: Andy Hoffman dialogue@ucsd.edu

TUESDAY, NOVEMBER 10TH

The Role of Self-Care and Collective Care
Council of Assistant Deans of Student Affairs  12:30-1:30pm
Join us as we discuss the importance of both self and collective care. We will share strategies and resources
Contact: Fnann Keflezighi fkeflezighi@ucsd.edu

Remote Working Parents of Children 6+
FSAP/Campus Women's Center  12-1pm
Today’s parents of elementary, middle school, and teenaged children face immense challenges and working parents are further impacted by having to manage work/life balance. Come join us for a supportive discussion on topics relevant to you and for an opportunity to connect with other UCSD parents
Contact: Izabel Francy icfrancy@ucsd.edu

FRIDAY, NOVEMBER 13TH

Black Friday: Community Care Space
EDI/Black Resource Center with CAPS  12-1:30pm

WEDNESDAY, NOVEMBER 18TH

Community Building Circle: First Time Voters
Center for Student Involvement/Dialogue Ambassadors  6-8pm
For many UCSD students, the 2020 Presidential Election would have been the first time we’ve been able to vote. And for those who will not be able to vote in this election, this will be a space to just reflect on emotions about the election results. Come join us and share your stories
Contact: Andy Hoffman dialogue@ucsd.edu
THURSDAY, NOVEMBER 19TH

**Online Workshop: Cultivating Courage, Connection & Well-Being**
FSAP/Campus Women's Center  12-1pm
Would you like to successfully navigate the endless challenges, discomfort & anxiety life throws at you? Can you imagine yourself with an increased internal sense of courage, connection, empowerment & well-being? It's possible! This workshop provides an introduction to these neurologically-founded, life-changing skills presented by Izabel Francy.
Contact: Izabel Francy icfrancy@ucsd.edu

FRIDAY, NOVEMBER 20TH

**Black Indigenous Voice: Healing Through Storytelling**
EDI/Intertribal Resource Center & Black Resource Center

For specific information regarding each event, please reach out to the event contact. For general information regarding the calendar, contact:

Mary Anderson  manderson@ucsd.edu  
Kirby Knipp  kknipp@ucsd.edu
WEDNESDAY, NOVEMBER 4TH

Post-Election Community Healing Space
This will be an open community space to process and discuss; all emotions are welcomed. Come when you are able; stay for as long as you’d like.
EDI Campus Community Centers & CAPS 1-3pm & 3-5pm

ongoing events

Coping During COVID-19
Mondays (Weeks 2-10) 1-2pm
These are unprecedented times and you may be feeling overwhelmed, stressed, isolated, depressed and/or anxious at times. This workshop aims to help students manage those difficulties and develop coping skills to increase resilience and well-being during this pandemic.

Climate Change Support Forum
Mondays (Weeks 1, 3, and 5) 3-4pm
You may be experiencing immediate impacts related to climate change, related concerns about the future, or both. The effects of climate change can have an impact on our well-being. It can be especially difficult when we are physically distant from our support systems and communities. We will gather in a virtual community to discuss forum member’s concerns, support one another, and explore ways to balance climate-related stressors with living a meaningful and engaged life.
Contact: Kristina Mendez kcmendez@health.ucsd.edu

Find Your Focus: Undergraduate ADHD Support Forum
Mondays (Weeks 1-10) 3-4pm
Do you have ADHD or struggle to maintain your attention and stay focused, especially while learning online? Join our forum to connect with other undergraduate students and develop strategies and skills to manage ADHD symptoms and feel more successful as you navigate online learning. This is a drop-in forum and students are welcome to join each week or as it fits their needs and schedules.
Contact: Carly Knauf cknauf@health.ucsd.edu

ADHD Support Forum for Graduate and Professional School Students
Mondays (Weeks 1-10) 3-4pm
If you are a graduate or professional school student who has been diagnosed with ADHD or think you may have ADHD, you may benefit from participation in the ADHD support forum, a caring space to share experiences and strategies for better management of ADHD symptoms. This forum is by referral only.
Contact: Christina Lambert cdlambert@health.ucsd.edu

UC San Diego
### Ongoing Events

**Coming Together**  
**Mondays (Weeks 1-10)** 3-4pm  
This forum is a space for international students to come together for support and connection. Topics are open and can include coping with COVID and current events, adjusting to a new culture, and any issues that are relevant to the experience of an international student at UC San Diego.  
Contact: Rina Schulschul@health.ucsd.edu

**Tritons Coping and Connecting Forum**  
**Tuesdays (Even Weeks 2, 4, 6, 8, 10)** 1-2pm  
The Tritons Coping and Connecting Forum is a space for students to come together to check in about your experiences during the unprecedented circumstances of this Fall Quarter. This forum offers a space to connect, support, and share resources during the time of Covid-19 and discussion topics may include stresses of virtual learning, Zoom fatigue, physical distancing, and social disconnection. This forum is open to both graduate and undergraduate students.  
Contact: Lori R. Weiner lweiner@health.ucsd.edu or Sarah Bromley sbromley@health.ucsd.edu

**Students with Dependents Forum**  
**Tuesdays (Odd Weeks 3, 5, 7, 9)** 1-2pm  
The Students with Dependents Forum is a drop-in forum for students who identify as student parents, guardians, or caregivers. This forum offers a confidential space to connect, support, and share resources. This forum is open to both graduate and undergraduate students.  
Contact: Tyler Lori R. Weiner lweiner@health.ucsd.edu or Sarah Bromley sbromley@health.ucsd.edu

**Coming Out Group**  
**Tuesdays (Weeks 1-10)** 3:30-5pm  
The Coming Out Group is a place to meet and gain support while discussing your sexual and/or gender identities in a confidential setting. This group is for lesbian, gay, bisexual, transgender, straight, or questioning folks who are coming out, considering coming out, or may already be out. Topics are determined by group participants and can include stress, fear, anxiety, loneliness, family/cultural issues, excitement, and celebration with regard to coming out. The group is open to new members the first 3 meetings of each quarter and then closes to maintain safe space.  
Contact: Cat Thompson cathompson@health.ucsd.edu

**Mindful Scholars- A Graduate & Professional Student Forum**  
**Tuesdays (Weeks 1-10)** 3-4pm  
Join your graduate student community to engage in formal practice, contemplate the implications, and process your experiences: 1) Learn to refine awareness and insight 2) Find equanimity and compassion 3) Explore acceptance of self and time  
Contact: Tyler Hatchel thatchel@health.ucsd.edu
**ONGOING EVENTS**

**Latinx/Chicanx Cafecito Hour**
Tuesdays (Weeks 1-10) 3:30-4:30pm
Join us for a cafecito hour. We will discuss topics impacting Latinx/Chicanx health, wellbeing and academic success on campus and in the world. This is a space to be in community and uplift one another with collective problem solving, discussion and support. Feel free to drink coffee or tea during the forum (Dra. Mendez most certainly will!) and arrive knowing you are welcome exactly as you are. Bilingual dialogue (or even a few words en Español here and there) is welcome if it supports your wellbeing and empowerment. Dra. Mendez will work with the forum each week to create an inclusive space for all folx
Contact: Kristina Mendez kcmendez@health.ucsd.edu

**Wellness Wednesdays**
Wednesdays (Weeks 2-10) 1-2pm
Join us in learning care strategies and stress management amidst the challenges and adjustments this quarter may bring. This Dialectical Behavioral and Self-Compassion based seminar is offered every Wednesday during the Fall 2020 quarter

**Wise: Graduate Women In Science and Engineering**
Wednesdays (Weeks 1-10) 1-2pm
This is a support space for graduate women in the hard science and engineering fields where women are under-represented. Our goal is to foster a sense of community and support toward the attainment of goals and to encourage self-empowerment to increase and develop a vision for one’s personal and professional life. This forum is by referral only
Contact: Judy Goodman jfgoodman@health.ucsd.edu

**APIMEDA Community Forum**
Thursdays 12-1pm
This informal drop in group is designed to address the concerns of Asian Pacific Islander Middle Eastern Desi American (APIMEDA) students at UCSD in a supportive and problem-solving atmosphere. Issues such as career and academic success, family pressures, cultural identity, and relationships are common topics
Contact: Sam Park or Windi Sasaki wsaski@ucsd.edu

**Mindful Thursdays**
Thursdays (Weeks 2-10) 3-4pm
Join us for this introduction to mindfulness workshop. You can expect didactic content on the nature of mindfulness, formal and informal practices, as well as discussion
ON GOING EVENTS

Outside the Box Forum
Thursdays (Odd Weeks 1, 3, 5, 7, 9) 3:30-5pm
This informal group is a safe space for students, faculty, and staff of mixed/multiracial/multiethnic and other non-dominant identities to share their experiences and discuss issues in an open and supportive, community atmosphere. This group is co-sponsored by the Cross Cultural Center
Contact: Cat Thompson cathompson@health.ucsd

Black Women’s Collective
Thursdays (Even Weeks 2, 4, 6, 8, 10) 3:30-5pm
Join us for conversations about our experience as black women and connect with other women on campus
Contact: Cat Thompson cathompson@health.ucsd

Processing Racism for BIPOC Graduate and Professional Students
Fridays (Oct. 30th, Nov. 20th, Dec. 11th) 12-1pm
Dr. Cat Thompson and Dr. Kristina Mendez will be facilitating a conversation for Grad/Prof Students who identify as Black, Indigenous, and/or People of Color. Topics include experiences and impacts of racial bias, anti-Blackness, violence against people of color, intergenerational race-based trauma, and systematic/institutional racism
Registration Link: tinyurl.com/caps-processing-racism

Processing Racism for White Identified Graduate and Professional Students
Fridays (Oct. 30th, Nov. 20th, Dec. 11th) 12-1pm
Dr. Christina Lambert and Dr. Tyler Hatchel will be facilitating a conversation for Grad/Prof Students who identify as white and/or having white privilege. Topics include: white fragility, white supremacy, anti-Blackness, implicit bias, microaggressions, effective allyship and developing a white anti-racist identity
Registration Link: tinyurl.com/caps-processing-racism

For specific information regarding each event, please reach out to the event contact. For general information regarding the calendar, contact:
Mary Anderson
manderson@ucsd.edu
Kirby Knipp
kknipp@ucsd.edu