"UC San Diego is committed to being a student-centered university by putting students first; inviting and respecting their voices and existing strengths; and honoring the intersectional identities of our Triton community. As a campus, we hold ourselves and each other accountable to transformative action that ensures equity, inclusion, and success across all aspects of the student experience at UC San Diego, both inside and outside the classroom."

**THE STATE OF FIRST GEN STUDENTS**

**SENSE OF BELONGING**

- **69%** feel that they belong at this campus.
  
  First-generation students may feel a cultural, social, and emotional disconnect from campus life, as they often cannot turn to family members to receive. Being the first in their family to attend college, students may also encounter symptoms of imposter syndrome.

  - Participate in special programs for at-risk populations that “scale down” the college experience.
  - Create an environment that affirms students’ strengths and encourages their educational pursuit.

**ENRICHMENT**

- **85%** feel that assisting faculty members in research is important.
  
  First-generation students may not be aware of the opportunities available to them. They may also be less likely to approach professors who may be seen as having “made it”.

  - Encourage engagement on the college campus to gain experience. Update students on possible opportunities to engage in their departments.
  - Offering students opportunities to engage beyond the texts of course may offer new perspectives to students.

**SEEKING HELP**

- **48%** feel reluctant to ask for help when needed.
  
  First-generation students may feel a cultural, social, and emotional disconnect from campus life, as they often cannot turn to family members to receive guidance navigating a potentially disorienting space.

  - Participate in advising, tutoring, and mentoring by faculty and peers.
  - Provide students with resources available to succeed. 30% of first-gen students participate in paid employment on campus, serving as a source of income for their families back home. Consider allowing flexibility when appropriate.

**PROGRAMS & RESOURCES**

Providing culturally-sensitive services that address the specific needs of first-generation students is one way to aid in the success of first-generation students. Here are some of the resources UCSD offers.

**TUTORING**

- OASIS - Math and Science Tutorial Program
- Language Arts Tutorial Services
- Teaching and Learning Commons

**RESOURCE CENTERS**

- Student Veterans Resource Center (SVRC) - Peer Navigators
- RAZA Resource Center
- Black Resource Center

**ENRICHMENT OPPORTUNITIES**

- Academic Enrichment Programs (AEP)
- Faculty Mentor Program (FMP)
- OASIS - Learning Communities - Research Methodology Training Laboratory (RMTL)

**BASIC NEEDS**

- Counseling and Psychological Services (CAPS)
- Basic Needs Hub - Emergency Loans - Financial Literacy - Mobile Food Pantry

**FIRST GEN INITIATIVE**

Triton Firsts is an initiative to engage first-generation professors, lecturers, researchers, staff, graduate students, and alumni at UC San Diego. This initiative invites those who were also the first in their families to graduate from college to support first-generation students through:

- Sharing their stories of resilience, setbacks and success
- Participating in high-impact faculty-student interactions