Mentoring For All
Resource Guide
**Table of Contents**

- UGR ............................................................................................................................................................... 4
- Faculty Mentor Program (FMP): ............................................................................................................... 4
- SRS ................................................................................................................................................................. 4
- CASP Peer Mentorship Programs: ............................................................................................................. 4
- Jacobs School of Engineering ........................................................................................................................ 4
  - JUMP: ........................................................................................................................................................ 4
  - TEAM:....................................................................................................................................................... 4
- Undergraduate Committee (UCCOM) Advising and Mentorship: ............................................................ 5

**Science Mentorship ........................................................................................................................................ 5**

- Biological Sciences Student Association: .................................................................................................. 5
- Health Beat: .............................................................................................................................................. 5
- Career Center: Pre-Health and Pre-Med Advising: ................................................................................... 5
- HMP3: Health & Medical Professions Preparation Program: ................................................................ 5
- STEMtorship Network: .............................................................................................................................. 5
- VOICES Leadership Program: ................................................................................................................ 5

**College Based ................................................................................................................................................ 6**

- Marshall Mentorship: ............................................................................................................................... 6
- Revelle College Mentorship: ..................................................................................................................... 6
- Revelle College Emerging Leaders Program: ............................................................................................ 6
- Warren College Peer Mentorship Program (WPMP): ............................................................................... 6
- Muir Peer Program: ................................................................................................................................ 6
- Sixth College First Generation Student Link (FGS Link): ............................................................................ 6

**Academic Success ......................................................................................................................................... 6**

- Integrity Mentorship Program: .................................................................................................................. 6
- Student Success Coaching Program: ........................................................................................................ 6
- Academic Integrity: Peer Educators: ........................................................................................................ 7
- 2Excel: ....................................................................................................................................................... 7
- 2Connect: ................................................................................................................................................. 7
- TRIO Student Support Services Program & Summer Experience ............................................................. 7
- Transfer Peer Coaching: ............................................................................................................................ 7
- Grad Pals Program: ................................................................................................................................ 7
<table>
<thead>
<tr>
<th>Specific Communities of Students</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peer Guidance Program:</td>
<td>7</td>
</tr>
<tr>
<td>Social Justice Peer Education Program:</td>
<td>6</td>
</tr>
<tr>
<td>Peer Navigators:</td>
<td>8</td>
</tr>
<tr>
<td>Global Ambassadors Program (GAP):</td>
<td>8</td>
</tr>
<tr>
<td>International Studies Student Association (ISSA) Mentorship Program</td>
<td>8</td>
</tr>
<tr>
<td>Triton Edge:</td>
<td>8</td>
</tr>
<tr>
<td>ISPO International Peer Coaching</td>
<td>8</td>
</tr>
<tr>
<td>Student Health and Wellness</td>
<td>8</td>
</tr>
<tr>
<td>Student Health Advocates:</td>
<td>8</td>
</tr>
<tr>
<td>The Zone Student Interns:</td>
<td>8</td>
</tr>
<tr>
<td>CARE Peer Educator Program:</td>
<td>8</td>
</tr>
<tr>
<td>CAPS Wellness Peer Educators:</td>
<td>9</td>
</tr>
</tbody>
</table>
Mentorship Program Guide

Find different mentor programs around campus that will give you mentor opportunities in your specific fields of study or interests.

**UGR**

**Faculty Mentor Program (FMP):** The Faculty Mentor Program helps students of all majors build valuable relationships with UC San Diego faculty, develop research skills, and envision a future in graduate or professional school.

**SRS**

**CASP Peer Mentorship Programs:** The CASP peer mentorship programs are offered exclusively for Chancellors Associates Scholars and gives each student an opportunity to work with CASP Peer Leaders (CPLs) and CASP Peer Mentors (CPMs) who serve as resources and support.

CPLs work with a caseload of 8–12 first-year CASP students in providing support and counseling related to academic, personal, and sociocultural issues affecting their college transition. The role of the CPL is to foster a welcoming, safe, and inclusive community among entering students and to encourage student development and identity awareness through peer mentoring meetings.

CPMs work with a caseload of 12–18 continuing CASP students who wish to continue receiving peer mentorship and support during their time at UCSD. The role of the CPM is to continue to foster an inclusive community and place of belonging for our students.

**Student Success Coaching Program:** The Student Success Coaching Program facilitates the transition and promotes the success of a cohort of incoming and continuing first-generation college students at UC San Diego. Students are part of a collaborative, holistically supportive and validating environment that applies a strengths-based approach. The Student Success Coaching Program will catalyze all first-generation students to develop as self-assured leaders who leverage their strengths to impact their local and global communities. The Student Success Coaching Program will pave the way for a thriving culture of support for first-generation students that intentionally eradicates historical institutional barriers.

**Jacobs School of Engineering**

**JUMP:** Jacobs Undergraduate Mentoring Program is a community of engineering students (both undergraduate and graduate) and alumni, who provide support, advice, guidance, and experience to all members.

**TEAM:** Transfer Engineering Academic Mentorship Program pairs incoming transfer engineering students in the Jacobs School of Engineering with upperclassmen transfer students.
Undergraduate Committee (UCCOM) Advising and Mentorship: In addition to getting advising from our professional advisors regarding major requirements and experiential learning opportunities, CSE majors can meet with our CSE Undergraduate Committee members who offer advising and mentorship.

Science Mentorship

Biological Sciences Student Association: The BSSA Mentor-Mentee program is aimed towards new freshmen and transfer students at UC San Diego. In order to facilitate the transition to our institution, the program aims to pair the incoming student with a third year or fourth year Biology undergraduate at UC San Diego who share common interests and goals.

Health Beat: The centralized pre-med and pre-health advising office at the Career Center, offering strategic planning, 4-year plans, resources, events, classes and more to help you become a competitive applicant to medical school or other health professional schools (i.e., pharmacy, dentistry, physician assistant (PA), nursing, occupational therapy/ physical therapy, veterinary medicine, public health and more).

Career Center: Pre-Health and Pre-Med Advising: On the spot advising with Career Peer Educator (CPEP). For basic questions regarding prerequisites and general health exploration information, please meet with a Career Peer Educator (CPEP) during walk-in hours (Monday - Friday, 10 a.m. - 3 p.m. in the Library of the Career Center. Pre-pharmacy advising by pharmacy students (SKAGGS). Pre-med advising by medical students (inactive).

HMP3: Health & Medical Professions Preparation Program: The HMP3 Peer Mentor Program is designed to help pre-health undergraduates navigate life at UCSD as a pre-health student, and to increase the number of UCSD pre-health majors admitted into their desired health professional school.

STEMtorship Network: The Women's Center STEMtorship Network is a group mentorship program that aims to build a network of support for undergraduate women in STEM. We believe that by coming together women in STEM can share knowledge and strategies for success while learning in an open and supportive environment.

VOICES Leadership Program: The VOICES Leadership Program is a year-long leadership development opportunity for undergraduate women at UC San Diego grounded in feminist leadership principles. Through community building, interactive activities and reflection, students will strengthen their voice and develop their leadership potential. The VOICES Leadership Program is designed to build a community of leaders committed to social change.
College Based

**Marshall Mentorship:** Unique to Thurgood Marshall College, the Marshall Mentor Program is a year-long program providing all transfer students the opportunity to work closely with faculty who will share their knowledge and experience in order to better equip students for study at UC San Diego.

**Revelle College Mentorship:** The Revelle Mentoring Program, initiated in summer 2016, encourages faculty and students to engage in conversation during out-of-classroom meetings. The purpose is to provide students with guidance and encouragement, share life perspectives, and help identify academic, career, and personal goals.

**Revelle College Emerging Leaders Program:** The Revelle College Emerging Leaders Program (ELP) aims to guide, challenge, and inspire the development of leadership skills through experiential, direct, and reflective learning.

**Warren College Peer Mentorship Program (WPMP):** The Warren College Peer mentorship Program (WPMP) provides incoming students the opportunity to form a relationship with a current Warren College student who will serve as a mentor and will assist incoming students with adjusting to the quarter system, finding opportunities for involvement at Warren College and UCSD, and will help students meet and socialize with their peers at group programs.

**Muir Peer Program:** The Muir Peer Program (MPP) is a mentorship program designed to assist students with the social, personal, and academic adjustments associated with college. The Muir Peer Program will begin Fall Quarter.

**Sixth College First Generation Student Link (FGS Link):** FGS Link is a program designed to aid first-generation college students in adapting and thriving in the academically rigorous and highly competitive environment of UC San Diego. The program is founded on the three pillars of community, knowledge and mentorship.

(Note: Only the last three are listed on The Colleges resource page [page](#) and the links are not updated, leading to page errors and pointing to the larger issue of decentralization and lack of website updates)

Academic Success

**Integrity Mentorship Program:** The purpose of the Integrity Mentorship Program (IMP) is to allow a student the opportunity to demonstrate their commitment to their education, their willingness to learn and change their academic strategies for success, and their ability to positively contribute to the UCSD community.

**Student Success Coaching Program:** Students are connected to a Success Coach from their undergraduate college who is familiar with the resources and opportunities that exist for your success. Together, you and your coach will focus on the strengths and passions that you bring to UC San Diego to
find high-impact practices that directly support your goals as a first-generation college student — such as research, mentorship, student involvement, faculty interaction, and more.

**Academic Integrity: Peer Educators:** Our Integrity Peer Educators help advise students, receive awesome leadership experience, gain a supportive community, and feel the satisfaction of making a difference and helping their peers.

**2Excel:** 2Excel is a retention and support program serving second-year students. The program is a year-long commitment starting fall through spring quarter. 2Excel provides holistic support through personal, academic, and professional development.

**2Connect:** 2Connect is a retention and support program serving second-year students. The program is a year-long commitment starting fall through spring quarter. Compared to the 2Excel program, the 2Connect program provides more personal freedom and self-directed participation, following your individual needs.

**TRIO Student Support Services Program & Summer Experience:** (freshmen and transfers): This program designed for freshmen and transfer students offers tutoring, workshops, mentoring, and extracurricular activities throughout your entire career at UC San Diego.

**Transfer Peer Coaching:** Transfer Peer Coaching is here to support transfer students’ academic, personal, and professional success through a variety of coaching programs and services. Our coaches are NASPA Certified Peer Educators trained through our College of Reading and Learning Association certified program, trained to help students achieve their goals. Through coaching, we offer campus navigation, academic and career support, information, skill development, and encouragement that both motivates you and equips you with skills to be successful while navigating your time at UC San Diego and beyond. We seek to help you establish meaningful connections on campus which guide you through your academic, professional, and personal journey.

**Grad Pals Program:** This program aims to help new graduate students settle in by giving them the opportunity to ask non academic related questions, providing them with support during the first few weeks and easing their transition into graduate life at UC San Diego. This survey is created to match continuing students with new incoming graduate students.

**Specific Communities of Students**

**Peer Guidance Program:** The Black Resource Center Peer Guidance Program targets incoming first year Black/African American students (first time freshmen and transfer students) and pairs them with current students who will serve as Peer Mentors. The BRC Peer Guidance Program is designed to address the needs of incoming students, ensure students are aware of and utilizing university resources, facilitate students’ transition to the university and retain students until degree attainment. As a part of this program it is expected that you meet in person with your peer mentor for an hour at least twice per quarter.
Social Justice Peer Education Program: The LGBT Resource Center Social Justice Peer Educators are available to provide educational workshops on gender identity and sexual orientation to UC San Diego student organizations and student groups. Please submit requests at least 2 weeks before the desired program date.

Peer Navigators: Student Veterans and ROTC students can connect with a Peer Navigator for Peer support. We provide holistic support throughout your journey at UC San Diego. Currently this is only open for student veterans and ROTC students.

Global Ambassadors Program (GAP): The Global Ambassadors Program (GAP) is a peer mentoring program designed to assist incoming undergraduate international and out-of-state students in acclimating to a new environment and making a smooth transition into university life.

International Studies Student Association (ISSA) Mentorship Program: Join The ISSA Undergraduate Mentorship Program to connect with other members of ISSA through academics, social events, and other networking opportunities! Participants will be matched up with another student of similar academic and professional interests.

Triton Edge: The Triton Edge mentor program provides an opportunity for current students and newly admitted international students to interact, promote cultural exchange, and have a great time!

ISPO International Peer Coaching: This pilot is dedicated to supporting the success and retention of a cohort of international students. Through coaching, we offer academic support, information, skill development, and advocacy that inspires and empowers first-year international college students, and equips them with skills to be successful in navigating their college life.

Student Health and Wellness

Student Health Advocates: The Student Health Advocate (SHA) Program is a volunteer peer health education program at the University of California, San Diego (UCSD). SHAs are an essential part of the Health Promotion Services team at UCSD Student Health Services where they are trained to educate other students about health issues and concerns through educational outreach programs on campus and in the community. The SHA Program is also a registered student organization on campus that has been twice voted "Most Outstanding Student Organization".

The Zone Student Interns: The Zone is staffed by student interns under the direction of The Zone Program Manager. The Zone offers yearly paid job opportunities for students looking to help promote health and well-being. Working at The Zone is a great way to give to the UCSD Community while having fun!

CARE Peer Educator Program: The CARE Peer Education Program is a student volunteer group under the direction of CARE at the Sexual Assault Resource Center. The mission of the CARE Peer Education Program is to raise awareness throughout the UC San Diego community about sexual assault,
relationship violence, and stalking. CARE Peer Educators will assist with outreach through tabling and events, while also promoting activities and attitudes that will contribute to ending violence.

**CAPS Wellness Peer Educators:*** The CAPS Wellness Peer Educators are a small group of UCSD students who provide outreach and education to the University community on topics of mental health and well-being. The goal of the program is to educate fellow students about mental health and wellness, reduce stigma and spread awareness of Counseling and Psychological Services on campus. Wellness Peer Educators are trained in communication skills, assisting students in distress, workshop development, and a variety of wellness topics such as stress and time management, relaxation and mindfulness, financial wellness, and healthy relationships.

**Psychology**

**Grad Buddy:** We pair incoming 1st year graduate students with current graduate students who are there as a resource during their first year.

**Psych Club / Psi Chi Transfer Mentorship Program:** The primary purpose of the Psych Club/Psi Chi Transfer Mentorship Program is to aid incoming transfer psychology majors during their transition to life at UCSD. They are paired with an established psych major who has similar backgrounds, extracurriculars, and future interests. The mentor is there to assist the transfer student in learning the physical layout of campus, unwritten traditions and systems, and general overall support. The mentor invites the transfer student to club meetings, social events, and activities providing a social outlet and a chance to build a peer support group.