



# Interpersonal Relationships Seminar 2012-13

Public

**Name of Assessment** Interpersonal Relationships Seminar 2012-13

**Project:**

**Name(s) of Person(s)  
Responsible for  
Assessment Project:**

Role
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**Providing** Center for Student Involvement-Communication & Leadership

**Department:**

**Other**

**Units/Departments**

**Involved in**

**Assessment Project:**

## Program, Service, or Event Related to Assessment Project

The Interpersonal Relationships Seminar is a quarterly seminar offered by CSI-Communication and Leadership. 1-2 sections are offered each quarter and seminars meet bi-weekly for 9-10 sessions. Open to all registered students, graduate or undergraduate.

## Assessment Project Description

Using pre and post surveys, participant learning and satisfaction are measured. The results of the project are used to improve the program, and demonstrate the value of the seminar.

## Unit/Program Specific Goals and Learning Outcomes

As a result of participating in the Interpersonal Relationships Seminar, students...

- Gain the ability to initiate, maintain, and conclude social interactions comfortably and with confidence
- Gain a better sense of self and self-esteem by participating in various seminar activities
- Gain the ability to collaborate and work in groups through a series of team builders and group challenges
- Learn to organize and articulate thoughts and ideas in a clear and cohesive manner
- Gain the confidence in expressing ideas and opinions to others
- Gain the ability to recognize and address group dynamics as they emerge through group activities
- Demonstrate the ability to work with others to strengthen communication within groups and organizations

**Relationship to  
Student Affairs** Communicate Effectively

**Learning Outcomes:****Assessment Project** 7/1/2012**Start:****Assessment Project** 6/30/2013**End:****Population/Sample****Total numbers of participants (Breakdown by quarter)**

Quarter & Year	Participants	Pre-Test	Post-Test
Fall 2012	28	20	10
Winter 2013	32	19	7
Spring 2013	52	43	16
<b>Total</b>	<b>112</b>	<b>82</b>	<b>33</b>

**Type of Assessment:** Student learning outcomes and/or behavioral outcomes, Benchmarking

**Other Assessment****Type(s):****Assessment Methods:** Surveys**Other Assessment****Method(s):****Data Collection Tools**

Pre/Post surveys administered via Campus Labs

**Data Analysis Methods**

All pretests for the year are compiled and compared with all compiled posttests. Impact and significance of learning are assessed.

**Presentation of Findings**

Findings are made available to all stakeholders including CSI personnel and Student Services Fee Advisory Committee.

**Progress:**  100%**Link Assessment Project in Campus Labs Baseline**

Source Name	Project Name
<a href="#">All project data</a>	Interpersonal Relationships- Posttest Winter 2013
<a href="#">All project data</a>	Interpersonal Relationships- Post-test Fall 2012
<a href="#">All project data</a>	Interpersonal Relationships- Posttest Spring 2013

Source Name	Project Name
All project data	Interpersonal Relationships- Pretest Fall 2012
All project data	Interpersonal Relationships- Pretest Spring 2013
All project data	Interpersonal Relationships- Pretest Winter 2013

### Summary of Findings

UCUES 2012 comparison – 35% of UCSD students are satisfied with the social experience. However, 78% of Communication and Leadership participants (all seminars) reported being satisfied with their overall social experience when asked the identical question.

- Interpersonal relationships – 45% of students before the seminar would rate themselves an A or B in “ability to meet new people,” increased to 80% after taking the seminar.
- Interpersonal relationships - 51% of students before the seminar would moderately to strongly agree to the statement "I converse easily with new acquaintances," increased to 75% after taking the seminar.
- Interpersonal relationships - 42% of students before the seminar would moderately to strongly agree to the statement "I have no fear of speaking up in face-to-face conversations," increased to 75% after taking the seminar
- Interpersonal relationships - 52% of students before the seminar would moderately to strongly agree to the statement "I share my ideas with others," increased to 75% after taking the seminar.

### Impact of Assessment

The survey data shows that students have an increased sense of self-confidence and ability to interact with others in social settings.

### Lessons Learned

The interpersonal relationships seminar is particularly valuable to international students, who appreciate the opportunity to interact directly with domestic students and practice their English and social interaction skills. We will start teaching a section of Interpersonal Relationships at the International Center in the 2013-14 academic year to serve this population even better.

### Supplemental Information

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