

3-Year Assessment Schedule AY 2015/16 through 2017/18

Unit: Health Promotion Services

Instructions from left to right in the table: 1) List unit outcomes down the left-hand column. 2) List the program(s)/ service(s) that align with each unit outcome. 3) Describe how you will assess each unit outcome. 4) Indicate the academic year and quarter you will assess the unit outcome.

Unit Outcomes	Where will you assess the outcome? (List the program(s)/service(s) align with each unit outcome.)	How will you measure the achievement of each outcome?	When will you assess the outcomes? (Indicate the academic year and quarter.)	Who is responsible for disseminating the assessment How & When will it be received/ returned
<p>Unit Outcome 1: <i>ALCOHOL</i> Reduce high-risk alcohol consumption and the associated negative consequences.</p>	<ul style="list-style-type: none"> • <i>Workshops</i> (e.g. Floaties) • <i>Skill-building tabling events</i> (e.g. BEAR Garden, Triton Fest) • <i>Sungod Registration Online Program</i> 	<ul style="list-style-type: none"> • <i>Workshops</i>: collaborate with Student Conduct to check the names of those who attended Floaties trainings with those who received sanctions for alcohol violations • <i>Skill-building tabling events</i>: red cup question • <i>Sungod Registration Online Program</i>: count the number of those in detox, those who went to jail, hospitalizations (compare to previous years) 	<ul style="list-style-type: none"> • <i>Workshops and Skill-building tabling events</i>: throughout 2016-2017 academic year • <i>Sungod Registration Online Program</i>: Spring 2016 	<ul style="list-style-type: none"> • <i>Workshops and Tabling Events</i>: AOD staff • <i>Sungod Registration Online Program</i>: Associated Concerts and Events <p>Completed surveys, counts, and data will be returned to Maria Fish by the end of spring 2016.</p> <p>Lupe Samaniego-Kraus will share results with ADIT committee members and with other Student Affairs leadership committees.</p>
<p>Unit Outcome 2: <i>ALCOHOL</i> Identify ways to integrate alcohol risk-reduction into primary care at UCSD</p>	<ul style="list-style-type: none"> • Student Health Services patient waiting areas • Collaboration between Health Promotion Services and Student Health Services 	<ul style="list-style-type: none"> • Using <i>SBIRT</i> (Screening Brief Intervention Survey) • Trained providers will discuss results with students and provide helpful information at their appointment 	<ul style="list-style-type: none"> • Pilot program during the 2016-2017 academic year 	<ul style="list-style-type: none"> • Student Health Services Medical Director will be responsible for disseminating the assessment as needed within Student Health Services
<p>Unit Outcome 3: <i>ALCOHOL</i> Identify high-risk drinkers and provide information on resources</p>	<ul style="list-style-type: none"> • During workshops and meetings of targeted student groups 	<ul style="list-style-type: none"> • NCHA online survey • Using <i>SBIRT</i> (Screening Brief Intervention Survey) 	<ul style="list-style-type: none"> • Throughout 2015-2016 academic year 	<ul style="list-style-type: none"> • AOD and other HPS staff

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<p>Unit Outcome 4: ALCOHOL Increase awareness, skills and actions regarding safe partying</p>	<ul style="list-style-type: none"> • <i>Workshops</i> (e.g. Floaties, CARRS, Alcohol Jeopardy) • <i>Skill-building tabling events</i> (e.g. BEAR Garden, Triton Fest) • <i>Triton FYI</i> (program in development) mandated training for freshman and incoming undergraduate students 	<ul style="list-style-type: none"> • <i>Workshops:</i> <ul style="list-style-type: none"> ◦ <i>Floaties and CARRS:</i> participants will be asked to complete a survey which will assess student learning outcomes and will ask participants whether they incorporated any harm-reduction strategies as a result of the workshop • <i>Skill-building tabling events:</i> Participants will be asked to list one thing they learned while participating in the activities during this event • <i>Triton FYI: Survey</i> 	<ul style="list-style-type: none"> • <i>Floaties and CARRS:</i> the survey will be sent 30 days after the workshop to give participants time to implement strategies that they have learned at the workshop during the 2015-2016 academic year • <i>Skill-building tabling events:</i> outcomes will be assessed at the event during the 2016-2017 academic year • <i>Triton FYI:</i> At the end of each program during Fall 2017 	<ul style="list-style-type: none"> • AOD staff is responsible for disseminating the assessments • <i>Floaties, CARRS, and:</i> All completed assessments will be submitted to Maria Fish by the end of Spring 2016 • <i>Skill-building tabling events:</i> All completed assessments will be submitted to Maria Fish by the end of Spring 2017 • <i>Triton FYI:</i> All completed assessments will be submitted to HPS staff by the end of Fall 2017
<p>Unit Outcome 5: SEXUAL HEALTH Increase awareness of types of birth control methods; increase awareness of STI prevention methods</p>	<ul style="list-style-type: none"> • <i>Sexual Health Information Sessions</i> • <i>Workshops:</i> Birth Control Methods, Frisky not Risky, Sexual Jeopardy 	<ul style="list-style-type: none"> • <i>Sexual Health Information Sessions:</i> participants will be asked to complete a survey 	<ul style="list-style-type: none"> • <i>Sexual Health Information Sessions:</i> throughout 2015-2016 academic year 	<ul style="list-style-type: none"> • <i>Sexual Health Information Sessions:</i> the Sexual Health Program Director is responsible for disseminating hard copies of the assessment. All assessments will be collected immediately after the information sessions
<p>Unit Outcome 6: SEXUAL HEALTH Increase the number of sexually active students who get tested for STI's including HIV</p>	<ul style="list-style-type: none"> • Student Health Services (SHS) • <i>Events</i> (World AIDS Day: HIV testing bus) • <i>Social Media and Print Campaign:</i> Testing, Testing, 1, 2, 3 	<ul style="list-style-type: none"> • <i>Pre/Post:</i> Will collaborate with Student Health Services to see the number of students that came in to SHS to get tested for STIs. Will also work with the county's HIV testing bus staff. 	<ul style="list-style-type: none"> • Throughout 2016-2017 academic year 	<ul style="list-style-type: none"> • Maria Fish will work with SHS and the HIV testing bus to get these numbers

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Unit Outcome 7: GENERAL HEALTH Contribute to social opportunities for students and facilitate opportunities for physical activity	<ul style="list-style-type: none"> Tritons in Motion program The Zone- "Fitness Zone" 	<ul style="list-style-type: none"> Count the number of students who apply to the TIM program Count the number of Fitness Zone classes offered at the Zone 	<ul style="list-style-type: none"> Throughout 2015-2016 academic year 	<ul style="list-style-type: none"> HPS Staff
Unit Outcome 8: GENERAL HEALTH Increase awareness of environmental factors and lifestyle choices that affect quality sleep	<ul style="list-style-type: none"> BSPH Student Intern project Event: ZZZ's = Degrees skill-building tabling 	<ul style="list-style-type: none"> Students will be asked to complete a survey 	<ul style="list-style-type: none"> Winter 2016 	<ul style="list-style-type: none"> BSPH Student Intern and Maria Fish
Unit Outcome 9: HEALTH BEHAVIORS Develop programs based on the health needs of UCSD students	<ul style="list-style-type: none"> 7,000 students will be randomly selected to participate 	<ul style="list-style-type: none"> NCHA online survey 	<ul style="list-style-type: none"> Winter 2016 	<ul style="list-style-type: none"> American College Health Association staff will send out an invitation to students asking them to participate Executive Summary along with raw data will be submitted to Debbie Pino-Saballett by Spring 2016
Unit Outcome 10: THE ZONE Demonstrate the interest and need for a larger well-being space	<ul style="list-style-type: none"> The Zone programs and offerings 	<ul style="list-style-type: none"> Track quarterly usage Program participation statistics, including the number of students who are unable to participate due to lack of space Zone satisfaction and end of year surveys 	<ul style="list-style-type: none"> Throughout 2015-2016 academic year 	<ul style="list-style-type: none"> The Zone Interns, The Zone Program Manager, and HPS Director