



CAPS: Workshop: Goals in Action AY 2012-13

Public

Name of Assessment CAPS: Workshop: Goals in Action AY 2012-13

Project:

**Name(s) of Person(s)
Responsible for
Assessment Project:**

Role
Director (Sam Park)

Email Address: sapark@ucsd.edu

Phone Number: x43755

Other Contacts: Director (Reina Juarez)

Providing Counseling & Psychological Services

Department:

Other

Units/Departments

Involved in

Assessment Project:

Program, Service, or Event Related to Assessment Project

This assessment project is part of the CAPS Psychoeducational Workshop program. This workshop is offered quarterly for students seeking to enhance academic skills and strategies. Led by Dr. Judy Goodman Fermin.

This assessment project is linked to the services offered by CAPS for undergraduate and graduate students. CAPS services include individual counseling, group counseling, workshops and forums as well as mental health consultation services for staff and faculty across the university.

flyer_gia_fall12

Assessment Project Description

The main purpose of this assessment project is to measure learning outcomes from those participating in an academic success workshop. Students complete identical pre- and post-assessments related to academic enhancement and knowledge of campus resources. The results of this project are to help enhance student knowledge and application of successful academic strategies.

Workshop Description:

- What: Two (90 minute) workshops that promote academic success and enhance emotional well-being.
- Focus: Goal setting, time management, accessing resources on campus, and the promotion of healthy academic behaviors.

Unit/Program Specific Goals and Learning Outcomes

See attached Worksheet.

 CAPS LO Worksheet - GIA - Goodman

Relationship to Student Affairs Think Critically and Solve Problems, Communicate Effectively, Advance a Plan for Personal, Academic, and Professional Success

Learning Outcomes:

Assessment Project Start: 10/1/2012

Assessment Project End: 6/30/2013

Population/Sample

Undergraduate students either self referred or referred by a CAPS staff or professional staff from across the university who would benefit from support and skill development to promote academic success. For this year's assessment, the Fall and Spring quarter participants were asked to complete the assessments (n=10 total).

Workshop participants were informed at the beginning of the workshop that they would be completing a pre and post questionnaire which would be utilized to assess the effectiveness and content of material presented in the workshop.

Type of Assessment: Student learning outcomes and/or behavioral outcomes

Other Assessment

Type(s):

Assessment Methods: Rating of Skills (e.g., rubrics)

Other Assessment

Method(s):

Data Collection Tools

- Self-report.
- Pre and Post Tests

This assessment is a paper survey, made up of questions created by the workshop facilitator.

Data Analysis Methods

- Analysis of learning outcomes from Pre and Post Tests.
- See attached survey to review specific items and scoring summary.

 GIA LO Pre and Post Test Survey

Presentation of Findings

See attached summary of data output.

 GIA LO data summary

Progress:  100%

Link Assessment Project in Campus Labs Baseline

Source Name	Project Name
No items to display.	

Summary of Findings

Summary of Findings:

A total of 10 students who participated in the GIA workshop completed pre-test assessments, and 6 completed the post-tests. The total score has a maximum of 10 points if all learning objectives were met (as identified by students).

The average Pretest score was 5.7, while the average post-test score was 8.67. This indicates an increase of almost 3 points from the time of the start of the workshop, to the end of the workshop. Though possessing a small amount of actual pairs (6), a paired t-test analysis indicated significance (one-tailed), $p < .02$.

Results indicate that students learning outcomes (based on scoring system) significantly increase as students participate and complete the workshop.

Impact of Assessment

Lessons Learned

Who was the audience for your assessment results?

The entire CAPS staff reviews results of the assessment at their annual wrap up meeting. Survey results are discussed and the strengths and weaknesses of the programs and services offered are reviewed. The survey data is then used as part of overall determination of workshops/forums offered for the following academic year.

What advice do you have for your colleagues who wish to launch an assessment project similar to yours?

It would be beneficial to include a section for participant comments.

Lessons Learned:

Based on the results, GIA offers a valuable method for students to increase opportunities for academic success. Students report significant increases in learning outcomes as they relate to identifying campus resources, goal setting, and other academic success strategies. We also want to utilize this measure on a wider scale to apply to other CAPS workshops that relate to academic success and social success.

Supplemental Information

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