

**3-Year Assessment Schedule**  
AY 2015/16 through 2017/18

**Unit: \_Intercollegiate Athletics**

**Instructions** from left to right in the table: 1) List unit outcomes down the left-hand column. 2) List the program(s)/ service(s) that align with each unit outcome. 3) Describe how you will assess each unit outcome. 4) Indicate the academic year and quarter you will assess the unit outcome.

| <b>Unit Outcomes</b>   | <b>Where</b> will you assess the outcome?<br>(List the program(s)/service(s) align with each unit outcome.)   | <b>How</b> will you measure the achievement of each outcome?  | <b>When</b> will you assess the outcomes? (Indicate the academic year and quarter.) | <b>Who</b> is responsible for disseminating the assessment<br><b>How &amp; When</b> will it be received/ returned |
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| <p><b>Unit Outcome 1:</b> Understand campus resources</p> <p>A. Identify and use health and wellness resources available on and off campus.</p> <p>B. Identify internship opportunities through Career services and Academic Internship Program</p> <p>C. Indicate additional resources available for interviewing, List programs offered by Career Services Center</p> <p>D. List at least 3 campus resources available now and to alumni.</p> <p>E. List academic enrichment programs that you are likely to use</p> | <p>New Student Athlete Orientation (NSAO)</p> <p>Triton Passport</p> <p>Rising Juniors Workshop</p> <p>Resume Building Workshop</p> <p>Senior Send-off</p> <p>4<sup>th</sup> Year Student-Athlete Reception</p> <p>Pilot Inclusion Workshop</p> | <p>New Student Athlete Orientation Survey (Q11, 24)</p> <p>Triton Passport- Completion of participant journal with verification from resource center</p> <p>Rising Juniors Workshop (Q6-8)</p> <p>Resume Writing Workshop- (Q6)</p> <p>Senior Send-Off- (Q2)</p> <p>4<sup>th</sup> Year Panel and Reception- (Q6)</p> <p>Pilot Inclusion Workshop Survey (Q2-7)</p> <p>Exit Survey- Satisfaction Survey (Q22, 25, 26, 30, 92)</p> | <p>Start of academic year, Throughout academic year, End of academic year.</p>      | <p>Baseline Email Survey- various dates. Reviewed upon completion.</p>  |
| <p><b>Unit Outcome 2:</b> Understand department resources</p> <p>A. Recognize department staff and sport supervisors</p> <p>B. Be knowledgeable of department location and key contacts</p>  | <p>NSAO</p> <p>4<sup>th</sup> Year Student-Athlete Reception</p> <p>Senior Send-off</p>   | <p>NSAO- (Q20, 23, 24)</p> <p>4<sup>th</sup> Year Student-Athlete Reception- (Q4, 6)</p> <p>Senior Send-Off- (Q2)</p> <p>Exit Survey- Satisfaction Survey (Q24, 27, 30, 81-87)</p>  | <p>Start of academic year, End of academic year, post training completion</p>       | <p>Baseline Email Survey- various dates. Reviewed upon completion.</p>  |
| <p><b>Unit Outcome 3:</b> Understand academic expectations of student athletes</p> <p>A. Identify what issues the academic Integrity office handles</p>  | <p>NSAO</p> <p>Rising Juniors Workshop</p>  | <p>NSAO- (Q7-10, 12-14, 25)</p> <p>Rising Juniors Workshop Survey (Q1-5)</p>  | <p>Start of academic year, End of academic year, post training completion</p>       | <p>Baseline Email Survey- various dates. Reviewed upon completion.</p>  |

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| <p>B. Explain academic requirements of the university as well as NCAA eligibility requirements</p> <p>C. Knowledgeable of changes in degree progress rules related to eligibility requirements and how they affect athlete's academic junior year</p> <p>D. Understand how to read a Degree Audit Report and determine what courses are needed to maintain eligibility</p>  |  | Exit Survey- (Q22, 23, 28, 30, 45, 46)   |  |   |
| <p><b>Unit Outcome 4:</b> Identify and work collaboratively to overcome obstacles that hamper goal achievement using problem solving strategies</p> <p>A. Articulate and plan to achieve short and long term goals and objective</p>  | Leadership Workshops   | Leadership Workshop-(Q9-13)<br>Exit Survey- Satisfaction Survey (q105-112)   | End of academic year, post training completion | Baseline Email Survey- various dates. Reviewed upon completion. |
| <p><b>Unit Outcome 5:</b> Develop leadership and communication skills</p> <p>A. Effectively communicate with fellow student-athletes and coaches (actively listen and respond appropriately, set and pursue individual and team goals)</p> <p>B. Reflect on personal style of leadership and what is effective for themselves (assess own strengths and weaknesses)</p> <p>C. Define the various components of leadership</p> | Leadership Workshops<br>4 <sup>th</sup> Year Panel and Reception | Leadership Training Survey (Q9-16)<br>4 <sup>th</sup> Year Panel and Reception-(Q1-4)<br>Exit Survey- (Q95-104)  | End of academic year, post training completion | Baseline Email Survey- various dates. Reviewed upon completion. |
| <p><b>Unit Outcome 6:</b> Identify and appropriately utilize health and wellness resources available to them on and off campus.</p> <p>A. Be knowledgeable of the Bystander Intervention Techniques Model and resources available regarding</p>   | NSAO   | NSAO- (Q11, 16, 17)<br>Floaties Training Survey- created in partnership with Health Promotion Services- (Q1-8)<br>Exit Survey- Satisfaction Survey (Q93) | Start of academic year, end of academic year   | Baseline Email Survey- various dates. Reviewed upon completion. |

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| sexual assault, relationship violence, stalking and alcohol   |   |   |   |  |
| <p><b>Unit Outcome 7:</b> Establish a lifelong connection with the university and Athletic department</p> <p>A. Develop an understanding of the Triton Athletics tradition and principles of community and serve as campus ambassadors for Athletics</p>  | <p>NSAO</p> <p>4<sup>th</sup> Year Student-Athlete Reception</p> <p>Senior Send-off</p> | <p>NSAO- (Q1, 26)</p> <p>Senior Send-Off- (Q6, 7)</p> <p>Exit Survey- (Q 17, 44)</p>        | <p>Start of academic year, end of academic year</p> | <p>Baseline Email Survey- various dates. Reviewed upon completion.</p> |
| <p><b>Unit Outcome 8:</b> Develop meaningful relationships and a sense of community</p> <p>A. Summarize the importance of a strong bond among members of our campus community, as well as the community at large and alumni.</p>  | <p>Pilot Inclusion Workshop, Leadership Workshops</p> <p>Senior Send-Off</p>            | <p>NSAO- (Q26)</p> <p>Exit Survey- (Q44, 105-115)</p> <p>Senior Send-Off (Q5, 6)</p>        | <p>Start of academic year, end of academic year</p> | <p>Baseline Email Survey- various dates. Reviewed upon completion.</p> |
| <p><b>Unit Outcome 9:</b> Be able to identify current skills that are applicable to transitioning to post collegiate/professional life</p>  | <p>Resume Writing Workshop</p> <p>4<sup>th</sup> Year Student Athlete Reception</p>     | <p>Resume Writing Workshop- (Q1-2)</p> <p>4<sup>th</sup> Year Panel and Reception- (q5)</p> | <p>Post event</p>                                   | <p>Baseline Email Survey- various dates. Reviewed upon completion.</p> |
| <p><b>Unit Outcome 10:</b> Learn how to construct a resume</p> <p>A. identify ways of improving format, appearance, organization and content of resume</p>  | <p>Resume Workshop</p>  | <p>Resume Writing Workshop- (Q3-5)</p>  | <p>Post training completion</p>                     | <p>Baseline Email Survey- various dates. Reviewed upon completion.</p> |
| <p><b>Unit Outcome 11:</b> Identify the expectations of behavior for Triton Student-Athletes</p> <p>A. Recall the appropriate manner to contact faculty regarding class absences and ways to communicate appropriately with faculty.</p> <p>B. Describe components of healthy behaviors needed to be successful</p> | <p>NSAO</p> <p>Leadership Training</p>  | <p>NSAO- (Q1-5, 18, 19)</p> <p>Leadership Training Survey- (Q11,12)</p>                     | <p>Start of academic year</p>                       | <p>Baseline Email Survey- various dates. Reviewed upon completion.</p> |

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| student-athletes.  |  |   |  |   |
| <b>Unit Outcome 12:</b> Enhance communication, accountability, work ethic, ability to handle adversity and manage pressure.  | Leadership Workshop  | Exit Survey- Satisfaction Survey (Q96-101)<br><br>Leadership Training (Q9-16)   | End of academic year                                     | Baseline Email Survey- various dates. Reviewed upon completion. |
| <b>Unit Outcome 13:</b> Interact with new students, faculty, staff and community members<br><br>A. Confidently engage in conversations with alumni and identify opportunities for personal development<br><br>B. Interact with other new student-athletes on different teams as well as find an upperclassman as a mentor. | NSAO<br><br>Senior Send-off<br><br>4 <sup>th</sup> Year Panel and Reception                                    | NSAO (Q26)<br><br>Senior Send-off (Q6,7)<br><br>4 <sup>th</sup> Year Panel and Reception- (Q4)<br><br>Exit Survey (Q44) | Start of academic year, end of academic year, post event | Baseline Email Survey- various dates. Reviewed upon completion. |
| <b>Unit Outcome 14:</b> Learn how to balance academic work, athletic commitments, and personal life<br><br>A. Describe components of healthy behaviors needed to be successful student-athletes.   | NSAO<br><br>Rising Juniors Workshop<br><br>Leadership Workshop<br><br>4 <sup>th</sup> Year Panel and Reception | Exit Survey- (Q95-104)<br><br>4 <sup>th</sup> Year Panel and Reception (Q7-8)   | End of academic year, post event                         | Baseline Email Survey- various dates. Reviewed upon completion. |