

Name of Assessment Project: Rec Classes Assessment

Name(s) of Person(s) Responsible for Assessment Project: No Roles Selected

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Providing Department: Campus Recreation
Other Department: Campus Recreation

Units/Departments Involved in Assessment Project: UCSD Recreation Classes offered during Fall 2013, Winter 2014, and Spring 2014.

Assessment Project Description: General satisfaction surveys distributed and collected for a broad number of Recreation Classes offered.

Unit/Program Specific Goals and Learning Outcomes: UC San Diego Recreation is dedicated to enhancing wellness, fitness and quality of life for students, faculty, staff, and the community, by providing facilities, programs, activities and the opportunity to participate in cooperative and competitive programs, Recreation provides life-long fitness and wellness opportunities.
Relationship to Student Affairs: Engage in a Healthy Lifestyle

Learning Outcomes:
Assessment Project Start: 7/15/2013

Assessment Project End: 7/14/2014




Population/Sample:	Area	Fall	Winter	Spring
	Adult Classes	2501	2415	2622
	Surveys Collected	372	226	321

Type of Assessment: Satisfaction study

Other Assessment Type(s): Surveys

Assessment Methods: Surveys
Other Assessment Method(s): General program online participant satisfaction survey sent via email.

Data Collection Tools: Comprehensive Selection

Data Analysis Methods:
Presentation of Findings:  Fall 2013
 Spring 2014
 Winter 2014

Progress:

Link Assessment Project in Campus Labs Baseline :	Name	Source
	No items to display.	

Summary of Findings: Circus Arts:

Successes:

- Steady growth in number of classes offered and number of participants
- Addition of unicycling and mime classes
- Excellent reviews in participant surveys

Challenges:

- Only one facility available for aerial silks

Goals:

- Find a suitable space for a trapeze apparatus to be installed

Gymnastics:

Youth rec class programs ranging in age from 16 months to 14 years of age, beginning with our Parent N Tot classes and going up to competitive Level 3; Adult rec class programs for beginning, intermediate, and advanced participants, as well as those interested in Bootcamp workout and Parkour training.

Highlights:

- Increased enrollment from Fall 2013 to Spring 2014, in both Youth and Adult programs
- Collaborated with Circus Arts to offer a Partner Acrobatics class in the gymnastics gym
- Hired a new Parkour instructor, increased enrollment in Training for Parkour, and began offering an Advanced Parkour class
- Began offering birthday parties in the gymnastics gym; 5 to date, and more scheduled!

Goals:

- Increase enrollment in both Youth and Adult programs.
- Continued collaboration with Circus Arts
- Increase weekend birthday parties
- Hire additional qualified male instructors
- Trapeze

Challenges:

- Purchase new, large mats to replace very old and falling apart (literally) mats.

Swim/Surf/Scuba:

Instructional classes in swim starting at age 3 (tiny tots swim) through adult including swim conditioning. Surf classes introducing our UC community to the treasure of Scripps Institute and our local beaches. Courses are taught by UCSD students.

Highlights:

- Swim classes continue to be extremely popular at all levels.
- Developed new Head Instructor manual and provided student staff with increased leadership experiences.
- Complete revamp of Surf Shed at SIO
- Increased # surf classes offered
- Developed new Instructor Training manual
- Created new dry land training system for intro class

Challenges:

- Ongoing challenge with subpar IT systems continues to drive customers and income away
- Limited by pool availability
- Larger shed at SIO is needed

Sports:

Offers a variety of sports classes including tennis, racquetball, archery, fencing, dance and badminton. Classes are offered to all ages.

Highlights:

- Increased badminton instruction due to high demand
- Boxing for Women developed into popular class; opened new section
- Dance classes are highly popular

Challenges:

- Routinely dirty tennis courts
- Loss of racquetball courts to office space
- Loss of agreement to keep Ballet Barre in our program
- Very poor boxing facility with no scheduled maintenance plan
- Loss of popular skateboarding venue
- No mitigation of that loss leaving students who grew up skating without a legal place to skate
- Inability to get service needed from SFO to have nets up and stereo systems at start of classes

Martial Arts:

We offer 18 different martial arts styles for our community. The classes are extremely popular.

Highlights:

- Addition of the Archery Competitive Team
- Annual tournaments increased popularity
- Added Special needs karate for kids

Challenges:

- Main Gym closures for maintenance that does not occur
- Fees charged by SFO for students to use their own facilities
- Filthy conditions of the Rec Gym
- Filthy conditions at Spanos

Workshops

A program of one day, short courses in a wide variety of topics mostly DIY, Crafts or music instruction. Allows for great creativity in offerings in new areas.

Highlights:

- Beer making,
- City Chicks, How to Raise backyard chickens
- Highly popular cooking workshops
- Backyard games
- DIY Day Spa

Challenges

- Inability to access the crafts center
- Lack of adequate space
- Loss of current space to local high school for 5 minute team meetings

Other highlights include:

Bannister House

Rec Class student staff sponsored a night at the UCSD Bannister House preparing a meal for the families and patients in cancer treatment at that facility.

Zombie Run

Rec Class student –programmed event sold out and was cost free to the department

**Impact of
Assessment:
Lessons Learned:
Supplemental
Information:**

Last modified 8/15/2014 at 2:12 PM by [Noah Kramer](#)
Created 8/6/2014 at 6:05 PM by [Noah Kramer](#)